



# Coronavirus: Shielding

Some people are extremely vulnerable to Coronavirus, and the government has advised you to shield. This means remaining in the Approved Premises, and shielding as much as possible.

- The Approved Premises will issue you with a face mask for your safety. The Approved Premises will support you and provide you with distraction packs, to help with use of time.
- If you wish to spend time outdoors you should take extra care to minimise contact with others by keeping 2 metres apart.
- From the 6 July, you can meet in a group of up to 6 people outdoors but should maintain strict social distancing.
- Stay alert when leaving the Approved Premises and avoid gatherings of any size. Strict social distancing will also be maintained within the AP.
- You should strictly avoid contact with anyone displaying symptoms of Coronavirus.

## If you are shielding

Your Offender Manager and Approved Premises staff are here to support you.

Remember, licence restrictions remain in place.

