



Help keep you and other residents safe

As the government guidelines relax we ask that you only leave the Approved Premises for:

- Shopping for necessities, as infrequently as possible
- Daily exercise – for example a run, walk, or cycle
- Any medical need
- Travelling to and from work, but only where this is necessary and has the approval of your Offender Manager

You should minimise the time spent outside the Approved Premises to prevent increased risk of infection and ensure you are two metres apart from anyone else.

Please adhere to any licence conditions you may have, and check this with Approved Premises staff or your Offender Manager.

