



YOUR MAGAZINE



Technology

ISSUE 11, JULY 2020

Welcome back to your Magazine



This week is about technology.



Technology is what makes us different to animals.

Technology is when we use what we know to make new things that are useful.



We hope you enjoy learning new things this week and have fun with technology.



Remember your circles?

These exercises will help you to make choices to keep your life on track

Monday



Technology started millions of years ago.



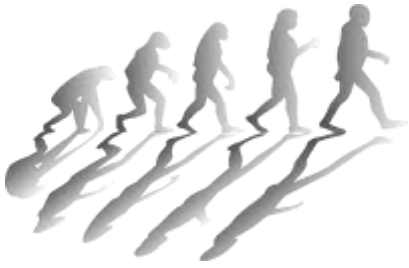
This was when humans started to make tools and weapons from stone.



This was called the Stone Age.



Because we could make these things this made us strong as we could hunt for food.



We started to make tools 2 million years ago because our brains grew bigger so we were more clever.



We learned to control fire so we could cook and keep warm



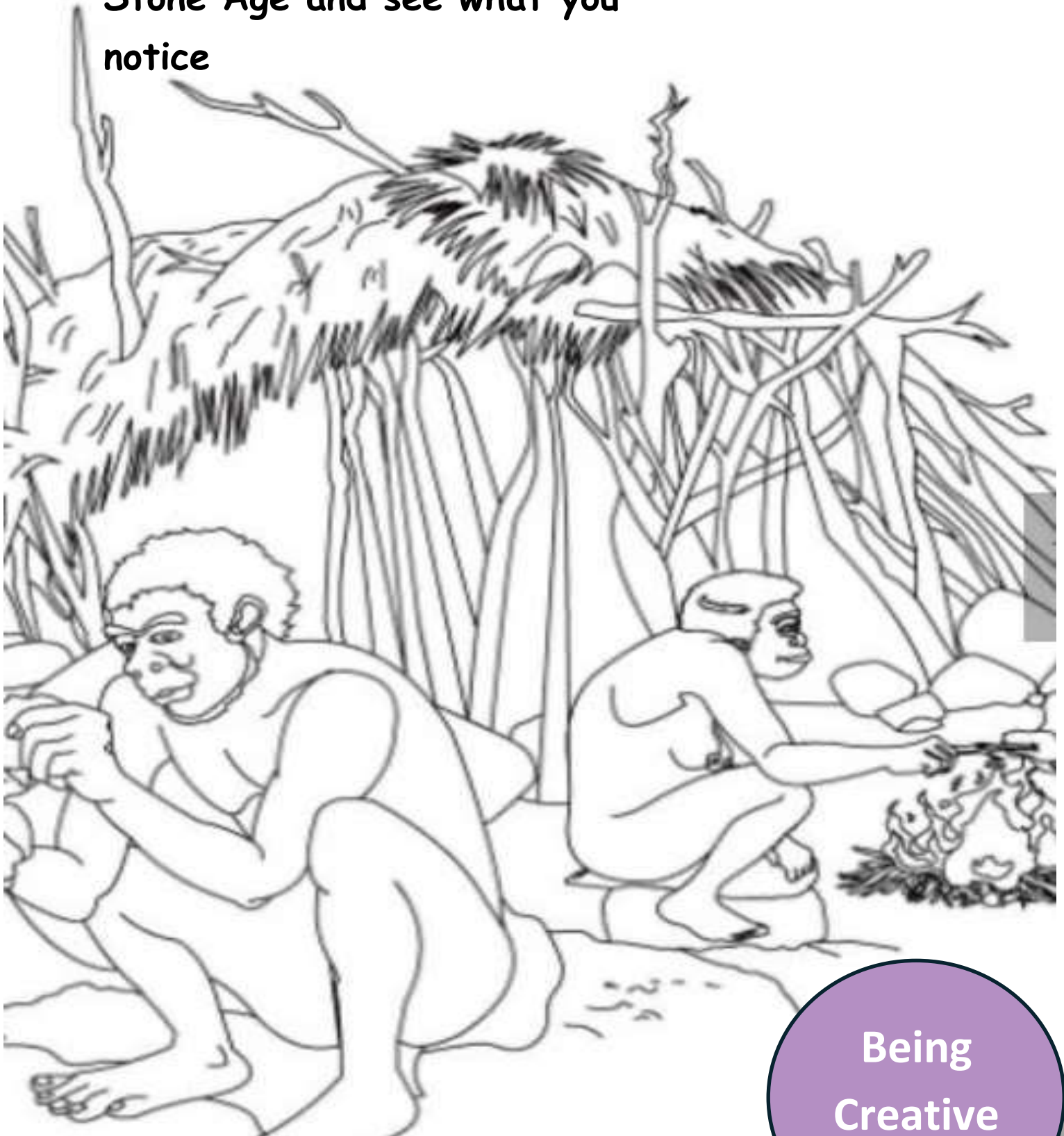
This has kept humans strong and powerful.



In the early days of the Stone Age we lived in caves

Feeling
Safe

Colour in this picture from the
Stone Age and see what you
notice



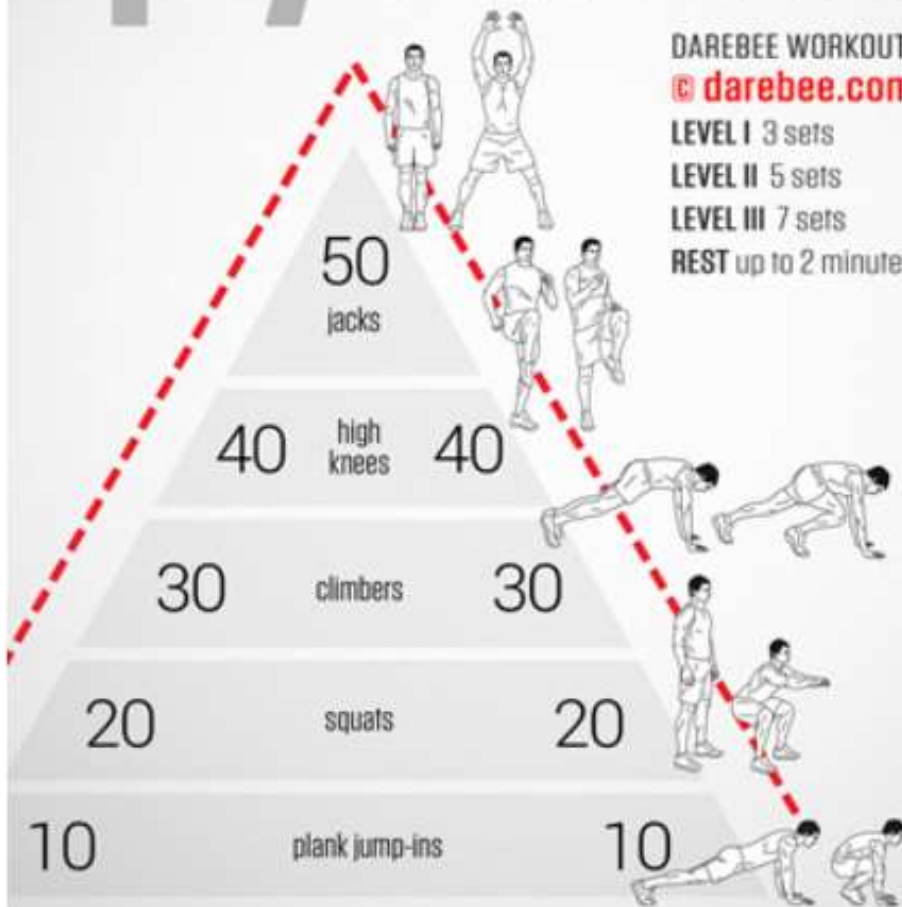
Being
Creative

lets get physical

Remember to warm up before exercising and cool down afterwards! Simple stretches will help your body cope with activity

dynamic pyramid

DAREBEE WORKOUT
© darebee.com
LEVEL I 3 sets
LEVEL II 5 sets
LEVEL III 7 sets
REST up to 2 minutes



Minutes worked:

Feel good score:

**BEING
ACTIVE**



POWERFUL THOUGHTS

U	I	U	Y	Y	B	I	I	L	M	E	A	R	E
I	A	D	M	A	R	A	A	L	R	R	G	G	V
A	M	O	V	K	E	M	M	M	M	U	Y	I	A
M	A	O	E	O	A	L	C	G	G	T	I	M	R
G	L	G	F	M	T	I	A	N	I	A	N	I	B
R	I	S	A	A	H	K	R	U	E	M	Y	A	M
O	V	I	S	I	E	E	I	O	I	M	M	A	A
W	E	Y	M	I	I	D	N	Y	D	A	Y	E	I
I	F	A	A	H	N	Y	G	M	A	I	A	A	A
N	A	D	I	A	M	L	E	A	R	N	I	N	G
G	M	O	Y	A	V	G	M	I	U	F	A	K	N
A	A	T	E	I	A	M	T	R	Y	I	N	G	I
I	F	D	O	I	N	G	M	Y	B	E	S	T	A
A	L	U	F	R	E	W	O	P	M	A	I	I	N

I AM MATURE
TODAY IS GOOD
I AM LEARNING
I AM GROWING
I AM POWERFUL
I AM BRAVE
I AM TRYING
I AM ALIVE
I AM YOUNG
DOING MY BEST
I AM OKAY
BREATHE IN
I AM CARING
I AM SAFE
I AM LIKED



Tuesday



After the Stone Age came the Bronze Age.



Humans started to make things out of metal.



This was tricky but we got really good at it. Our brains became even bigger.



We were starting to get really clever.



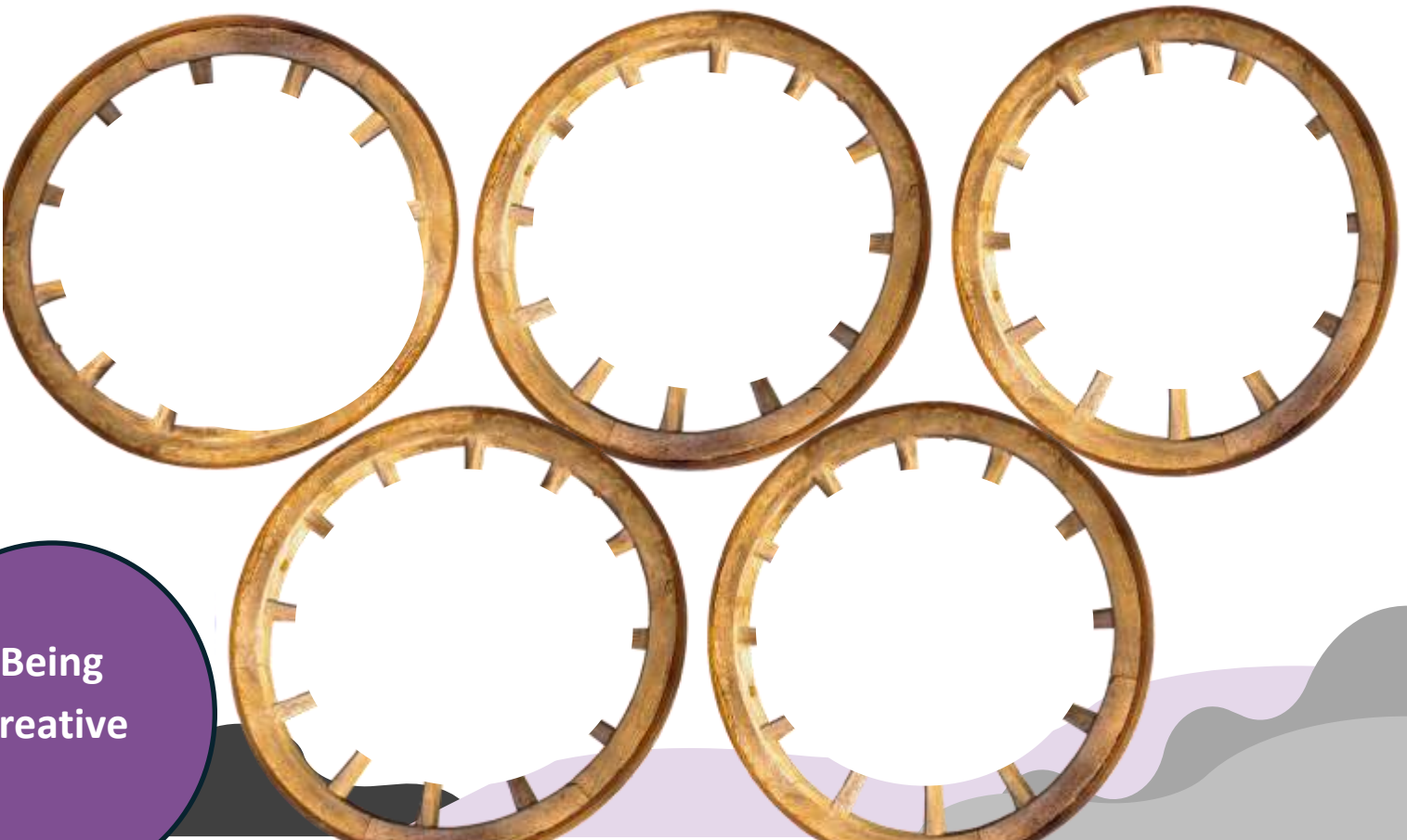
Humans started to mix together more in groups to share what they made out of metals.



A big invention in the Bronze Age was the wheel.

We use wheels for so many things.

Draw things that need a wheel inside these wheels



Being
Creative

Draw
something
made of
metal that
you use a
lot. How
does this
object make
your life
better?



SUDOKU CHALLENGE

				4	6	9	1	3
		4	9	1		7		2
9	6		3			5		
			8	3		2		1
				2				
7		5		9	1			
		2			9		7	6
3		7		6	4	1		
6	1	9	7	8				

Fill in the blank squares so that each row, each column and each 3-by-3 block contain all of the digits 1 - 9



6			9		4			
			8			9		6
8	9			6	3	7		
		1		4		8	9	3
7	3		5		9		6	4
9	4	2		8		5		
		5	2	9			3	8
3		6			8			
			6		5			2

Wednesday



Next came the Iron Age.



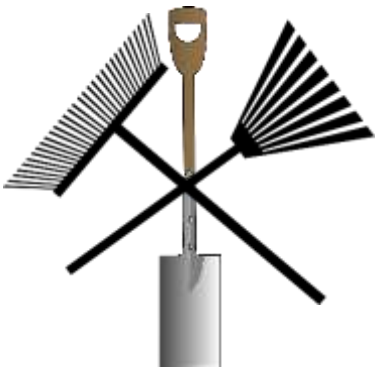
Iron comes from rock.



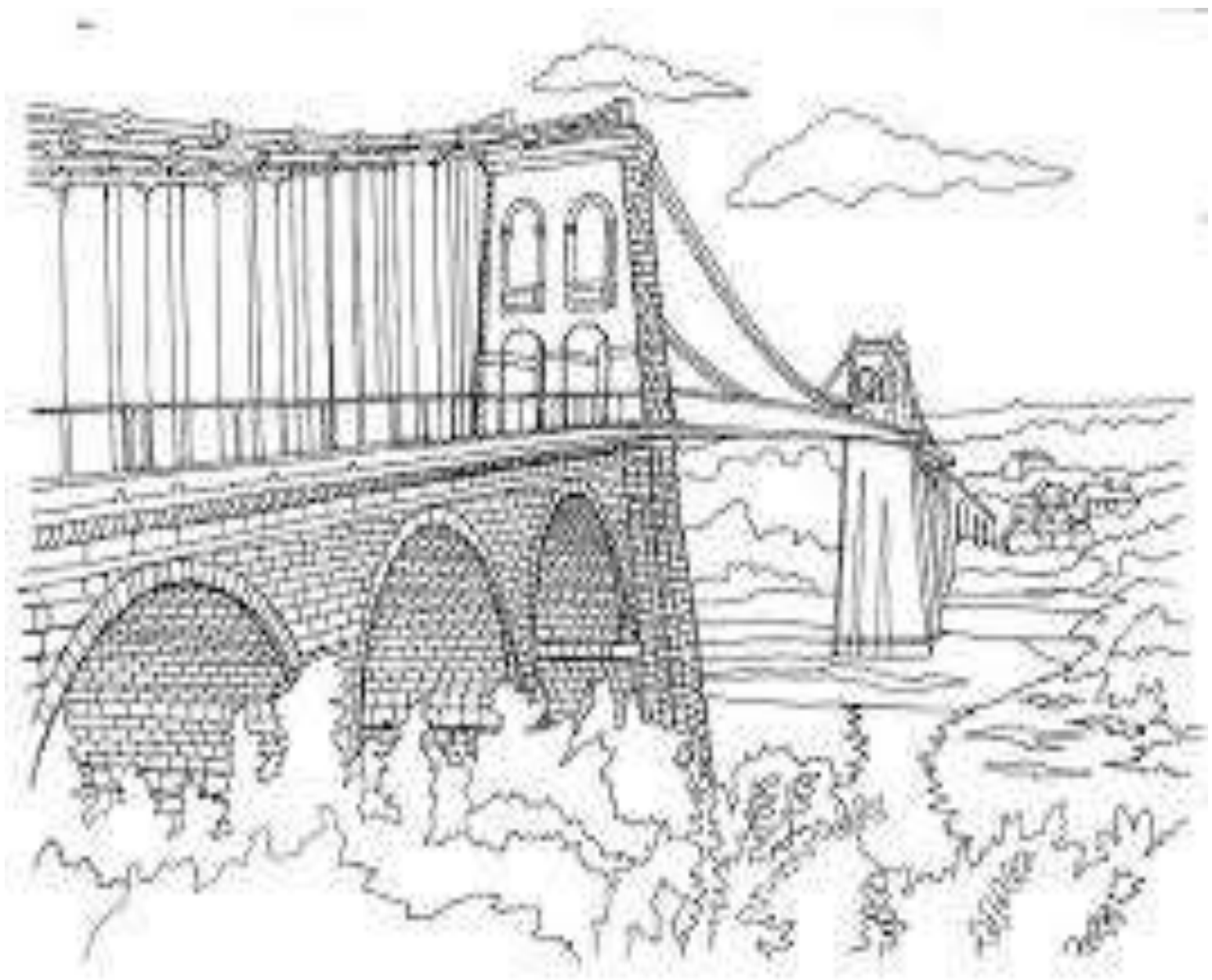
In the Iron Age we learned how to get iron out of rocks.



Iron meant we could make stronger tools for fighting.



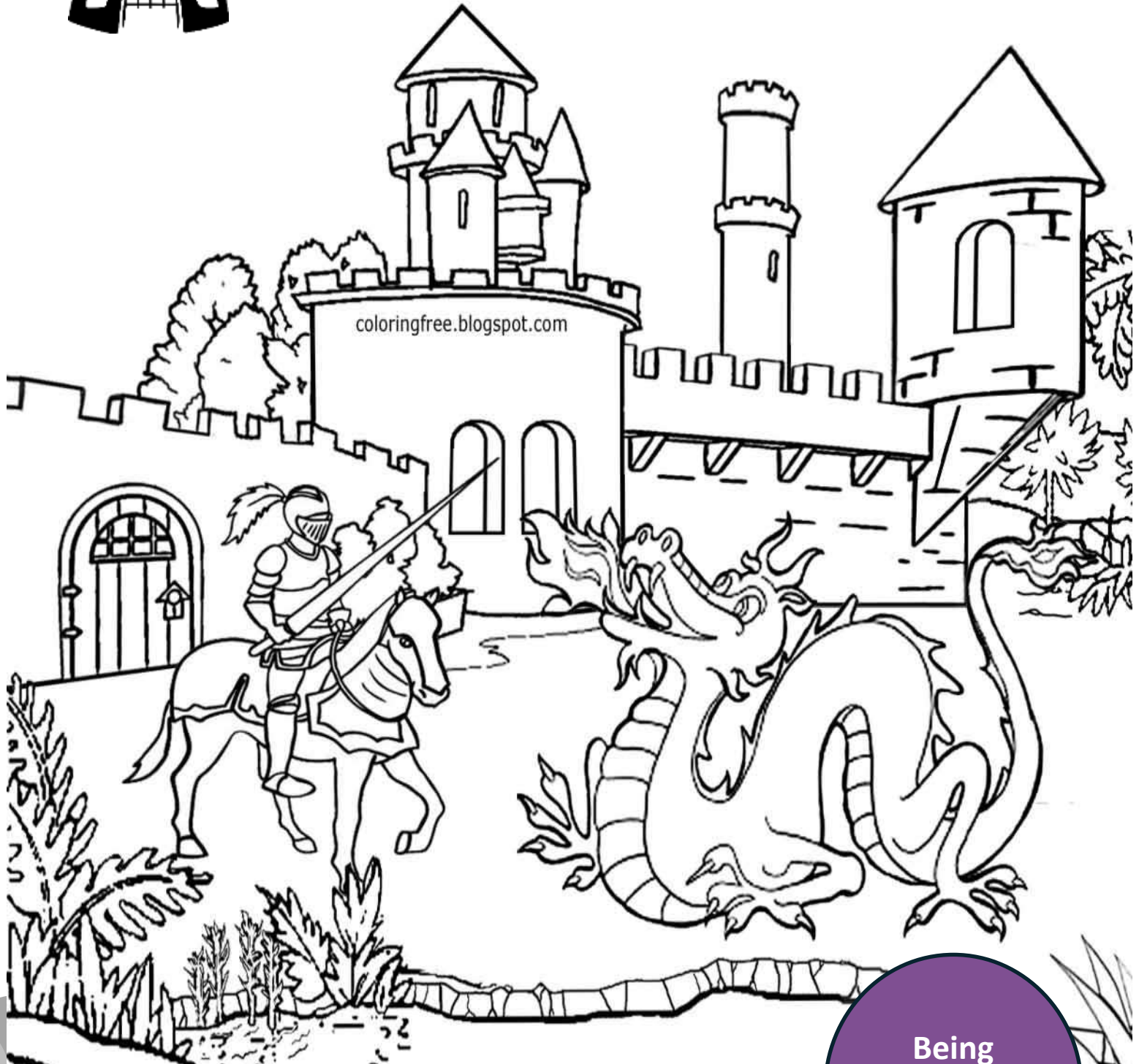
Iron meant better tools for farming.



In the Iron Age humans started to build bridges. Colour in this bridge.



In the Iron age humans started to build forts. Colour in this fort.



Being
Creative

lets get physical

**SOMETHING
I CAN *actually* DO**

DAREBEE WORKOUT @ darebee.com

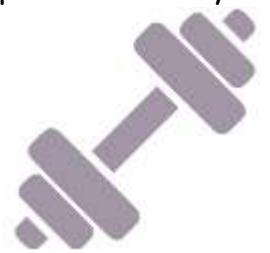
LEVEL I 3 sets LEVEL II 5 sets LEVEL III 7 sets REST up to 2 minutes

 20 march steps	 5 calf raises	 20 butt kicks
 20 arm scissors	 10 raised arm circles	 10 knee-to-elbows

Minutes worked:

Feel good score:

Remember to warm up
before exercising and cool
down afterwards! Simple
stretches will help your
body cope with activity



**BE
CHANGE
BECOME**

...PRACTICE IT TAKES

**Being
Active**

Thursday

September 15th 1903

The wright brothers invented the airplane.



+



If you could make a wish where would you fly to today?

Feeling
good about
me



September 15th 1919

The popup toaster was invented.



Toast has been around for 30,000 years...
but pop up toasters have only been around
for 100 years!

How often do you use one of these?

September 7th 1927

The TV was invented.



What is your favourite TV programme?

.....

Feeling
good
about me

All of these things were made in September!

What could you start making ready to show people in September?

It could be something no one has thought of before.

It could be something really helpful.

Draw it in the cloud.

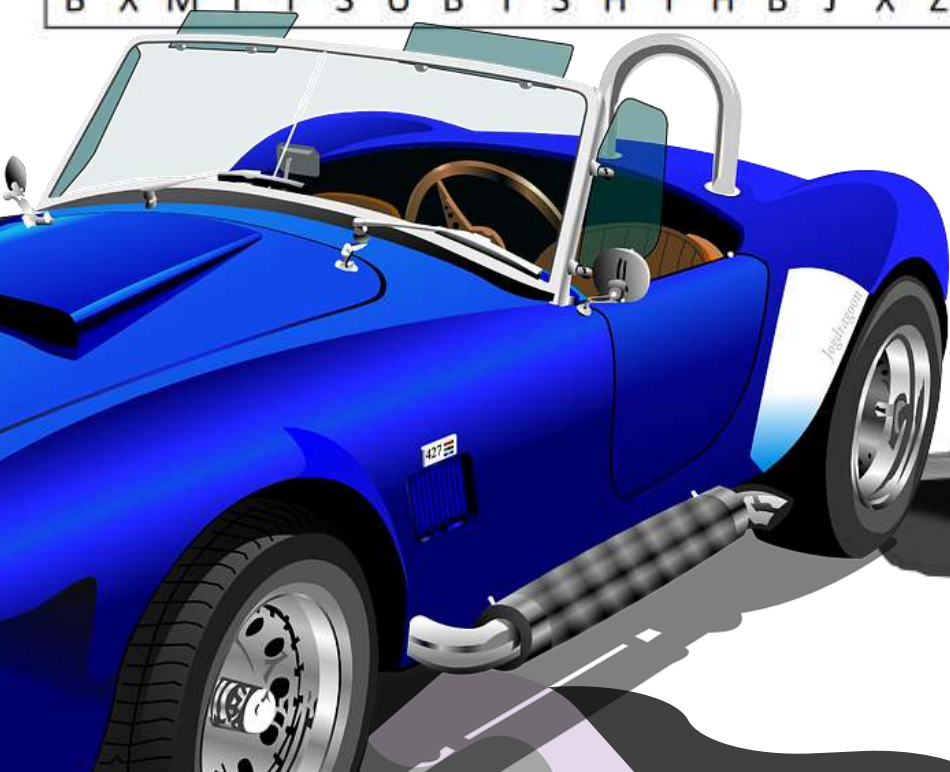
Being
Creative



CAR WORDSEARCH

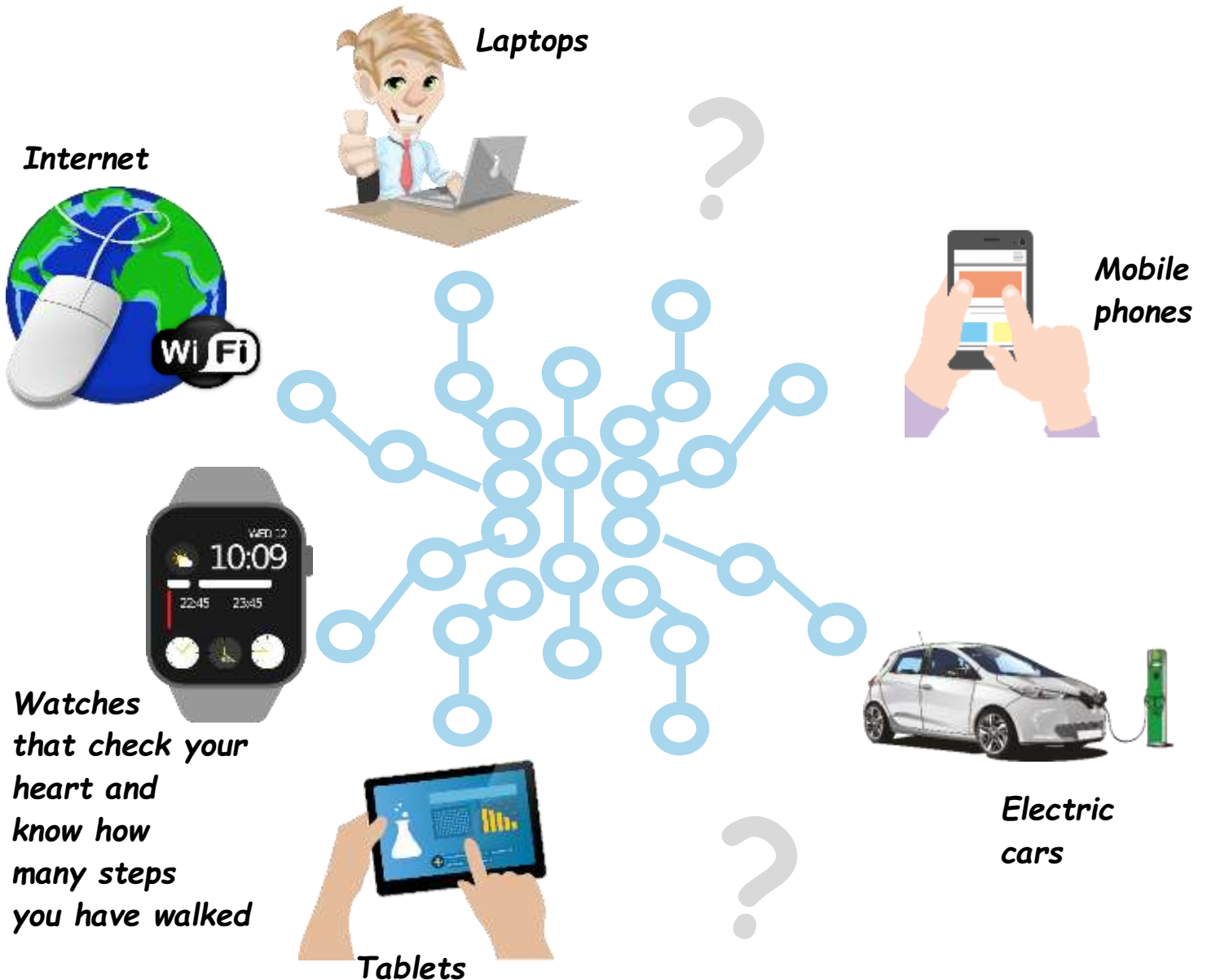


ACURA	LAND ROVER
AUDI	LEXUS
BMW	LINCOLN
BUICK	LOTUS
CADILLAC	MASERATI
CHEVROLET	MAZDA
CHRYSLER	MERCEDES BENZ
CITROEN	MERCURY
DAEWOO	NISSAN
DODGE	OLDSMOBILE
EAGLE	PEUGEOT
FERRARI	PONTIAC
FORD	PORSCHE
GMC	RENAULT
HONDA	SAAB
HUMMER	SATURN
HYUNDAI	SUBARU
INFINITI	SUZUKI
ISUZU	TOYOTA
JAGUAR	VOLKSWAGEN
JEEP	VOLVO
KIA	
LAMBORGHINI	



Friday

Technology today helps us do things quickly



What other things can you add to this?

Look back at the last page and pick one thing from it

*Draw a picture of how it could look in
10 years' time*

lets get physical

XXL BICEPS

DAREBEE WORKOUT © darebee.com



to failure alternating bicep curls

2 minutes rest

to failure alternating bicep curls

2 minutes rest

to failure alternating bicep curls

2 minutes rest

to failure bent over rows, right side

to failure bent over rows, left side

2 minutes rest

to failure bent over rows, right side

to failure bent over rows, left side

2 minutes rest

to failure bent over rows, right side

to failure bent over rows, left side

done



Minutes worked:

Feel good score:

**Being
Active**

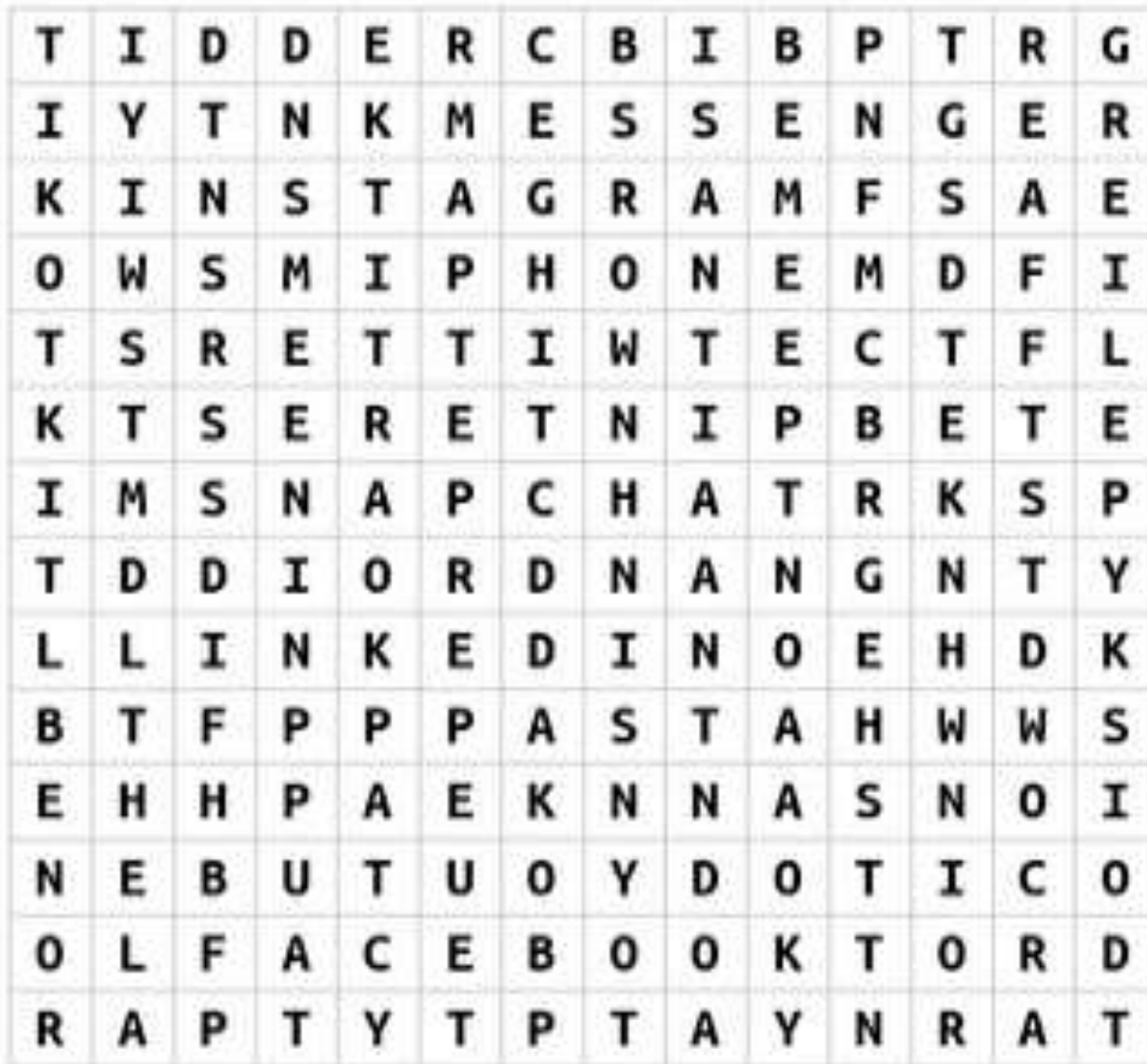
Remember to warm up before
exercising and cool down
afterwards! Simple stretches will
help your body cope with activity

If you exercise a lot, your lungs, heart and brain will all improve
IT EVEN MAKES YOUR SKIN BETTER IF
YOU CAN KEEP IT UP REGULARLY!

TECHNOLOGY WORDSEARCH



YOUTUBE
 SKYPE
 TIKTOK
 INSTAGRAM
 PINTEREST
 MESSENGER
 IPHONE
 LINKEDIN
 WHATSAPP
 REDDIT
 ANDROID
 SNAPCHAT
 TWITTER
 FACEBOOK



Write down 1 thing that you learned this week:

.....

.....


*Be kind
TO EVERY
kind*

Saturday



Will we ever be able to travel to the future?



Will we ever be able to go back in time?



If you could go back in time when would it be to?

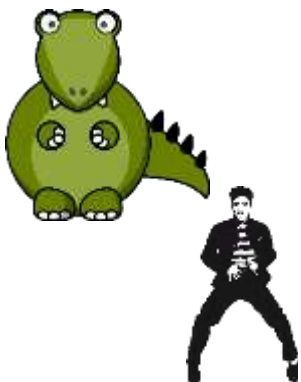
.....

It could be when the dinosaurs were about

It could be the swinging 60's

It could be 1990!

It could be when you were young



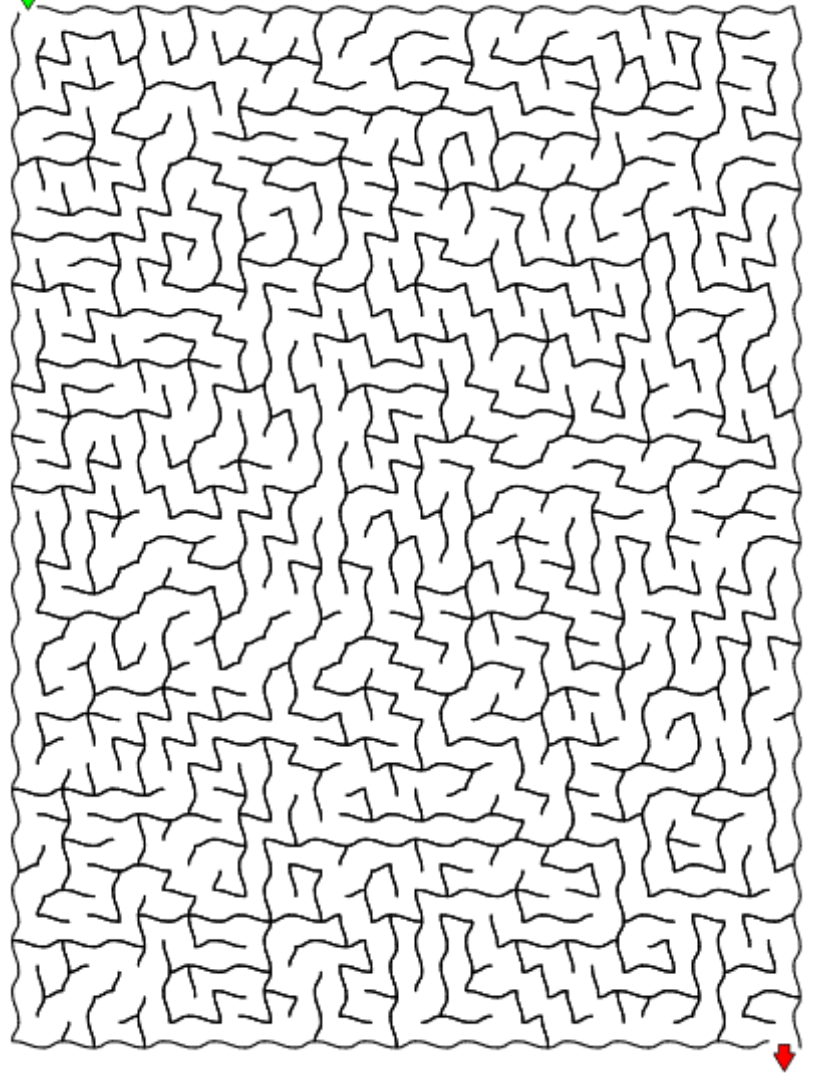
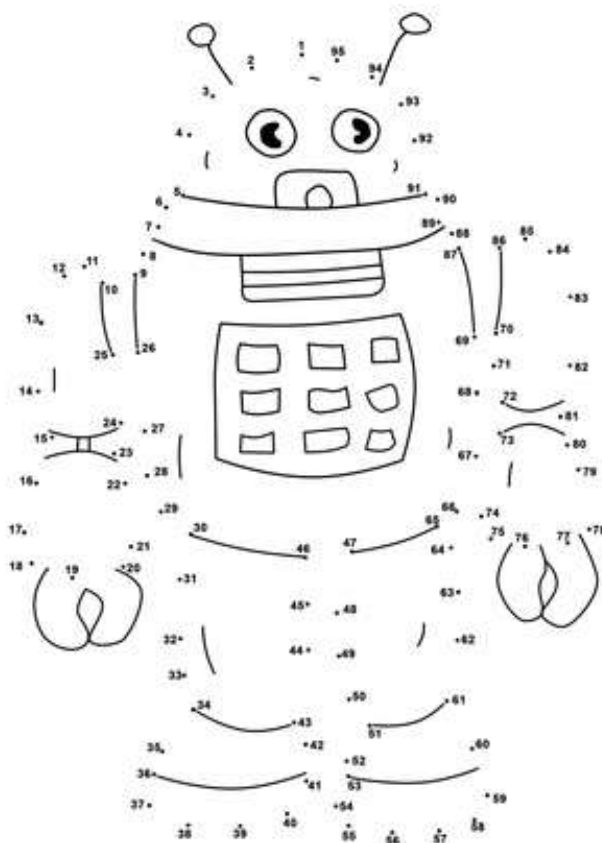
Or maybe you
would rather
go to the
future

Draw or write
about the place and time
you want to time travel to.

What could you do here?

Who could you see?

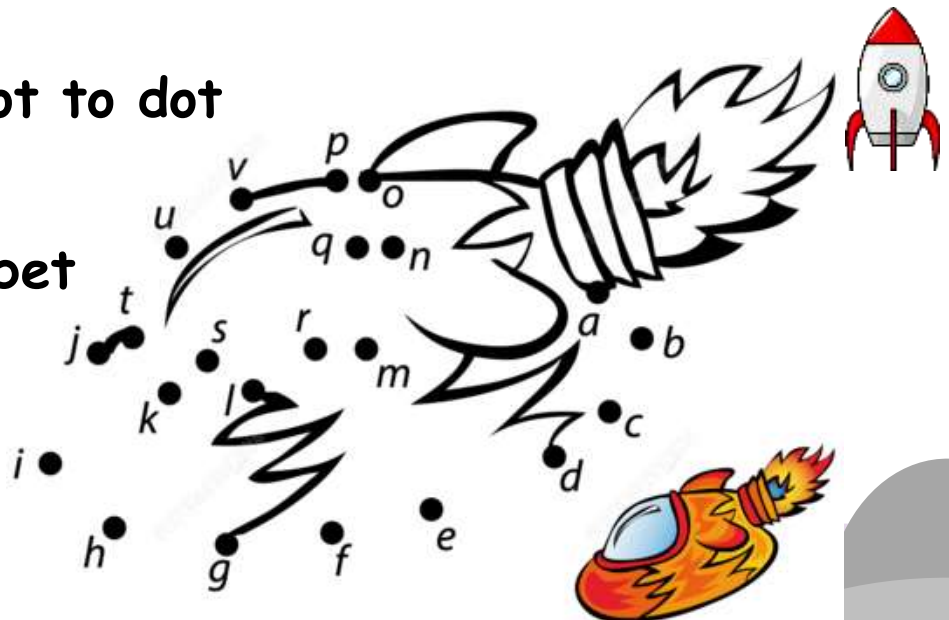
What would be good about it?



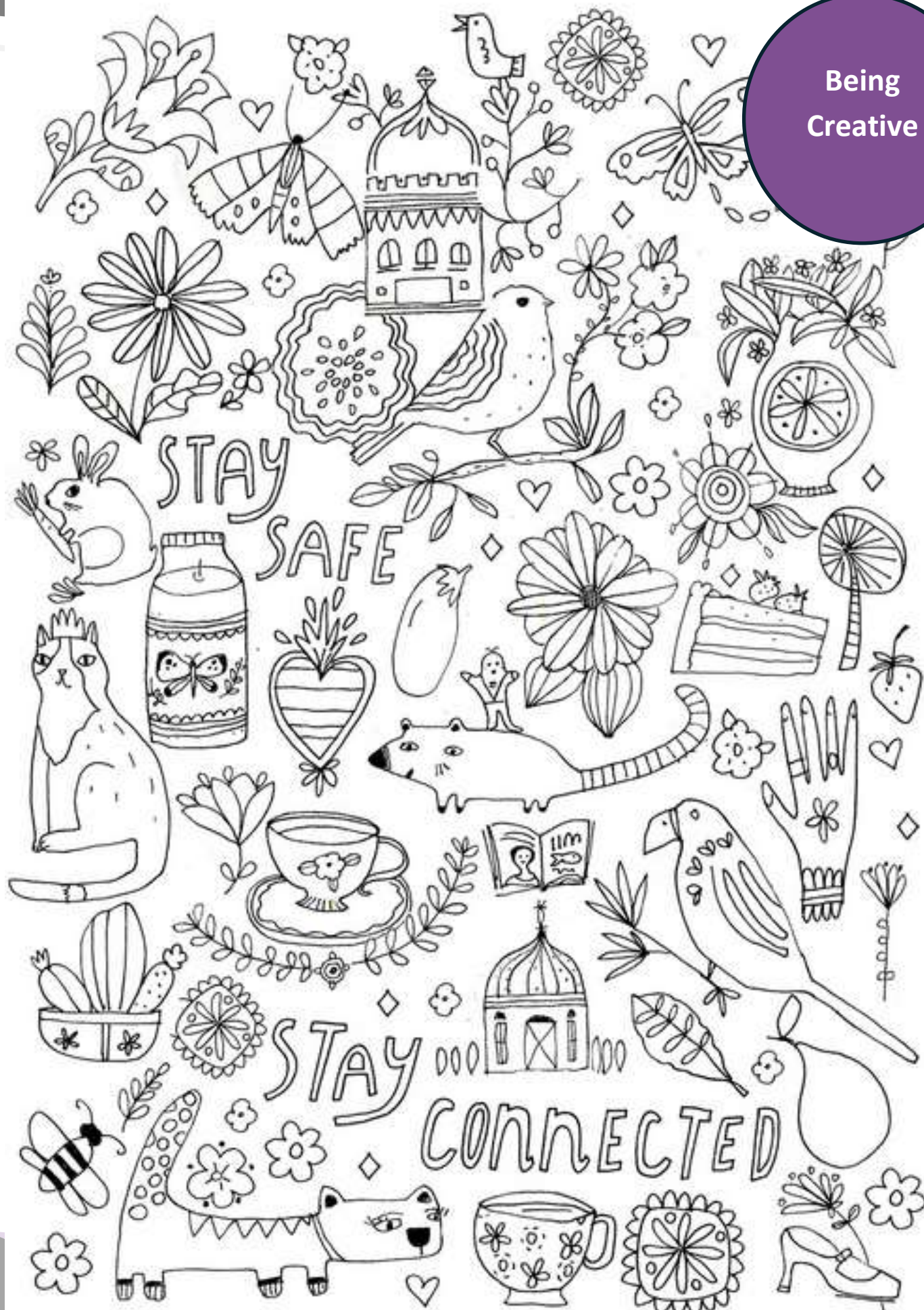
PUZZLE PAGE

Help the robot get
back to his rocket

- 1) Complete number dot to dot
- 2) Work out the maze
- 3) Complete the alphabet dot 2 dot



Being
Creative



Sunday

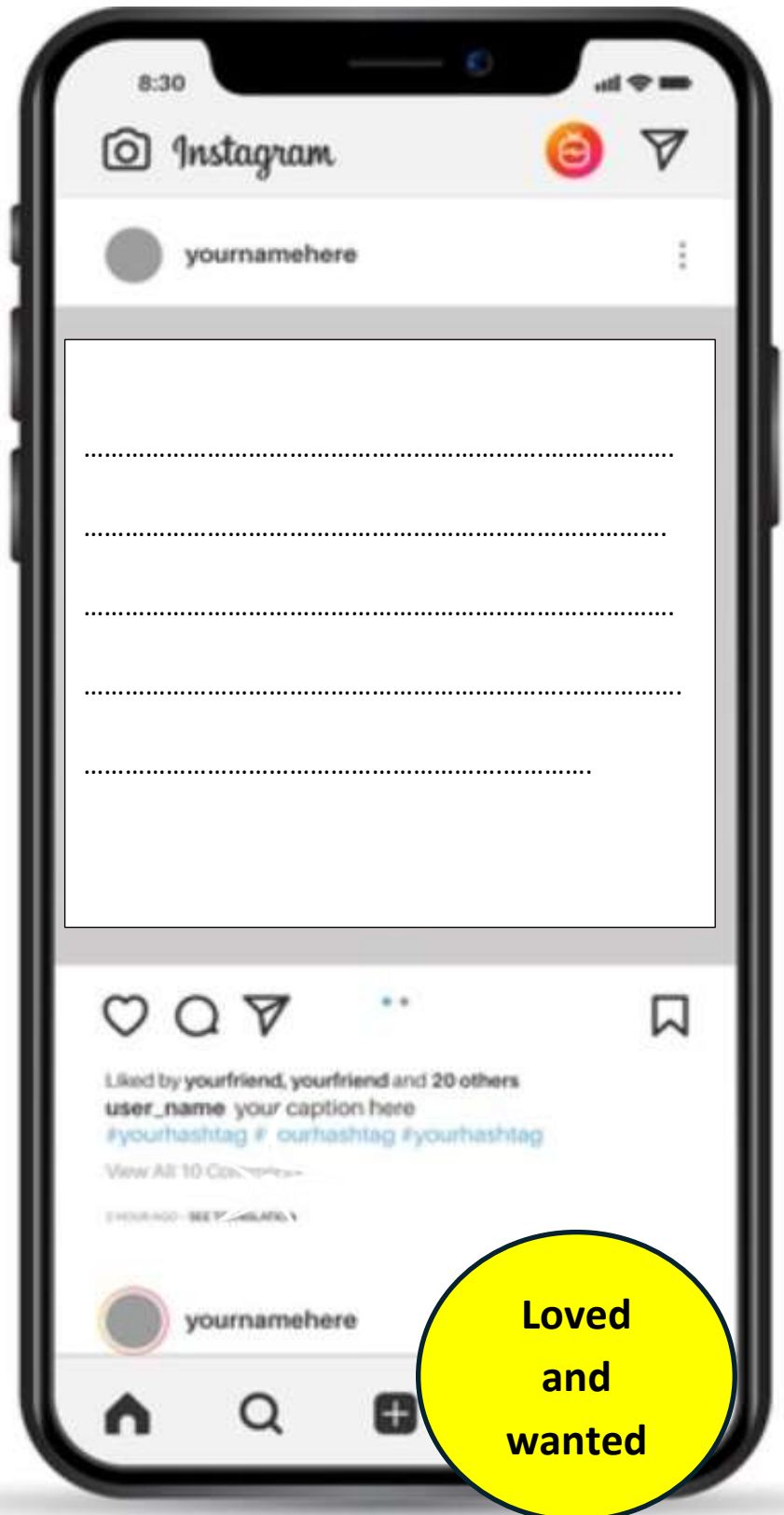
One of the latest inventions is the mobile phone...

LOOK HOW
BIG THEY
USED TO BE!



Who is your
favourite person
to talk to while
in prison?

Write them a
message on this
phone





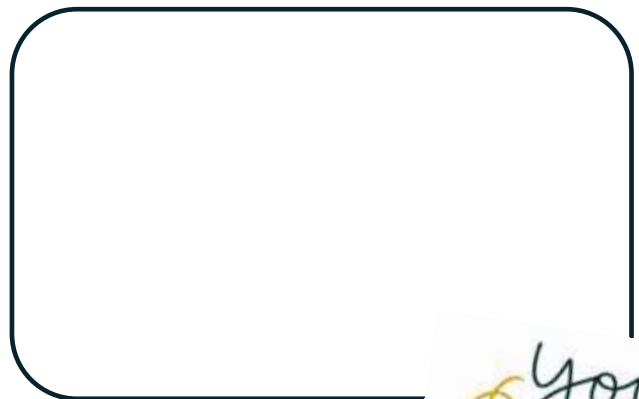
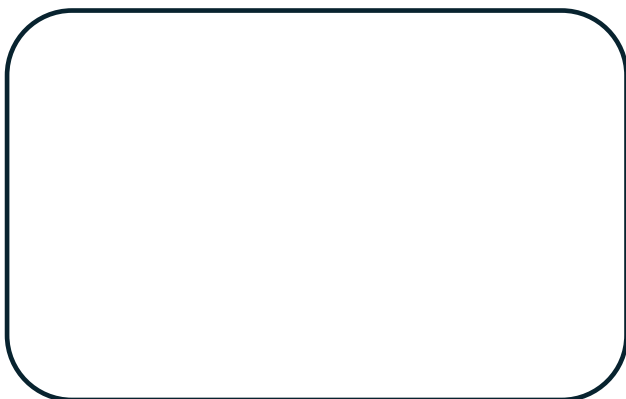
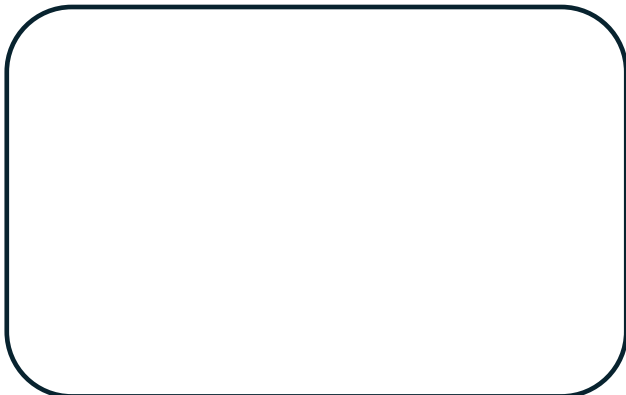
- Jay Z



Your Week

Storyboard - record your last six days in any way you like

Our history
is cool



I know
technology
helps me

