

Entry Level

Type of Pack: Taster/Introduction



Name:

INTRODUCTION

Hello...

We hope you find this **Taster/Introduction Pack** easy to follow and interesting whilst in Lockdown.

This pack contains a variety of activities that you may see when starting on the course.

These activities should be easy to follow but where there are questions, we would encourage you to have a go without looking at the answers to see how you get on.

CONTENTS – A Introduction Entry Level English

- Coronavirus article
- Entry Writing
- Capital Letter
- Full Stops
- Plural Spelling Rules
- Answers

Read this article and then answer the questions.

Coronavirus symptoms: What are they and how do I protect myself?

By James Gallagher, Health and science correspondent

16 March 2020

Coronavirus has spread to 159 countries or territories, including the UK, and claimed more than 7,500 lives.

How do I protect myself?

The best thing is regular and thorough handwashing preferably with soap and water. Coronavirus spreads when an infected person coughs small droplets - packed with the virus - into the air. These can be breathed in or cause an infection if you touch a surface they have landed on, then your eyes, nose or mouth.

So, coughing and sneezing into tissues, not touching your face with unwashed hands, and avoiding close contact with infected people are important for limiting the spread.

Face masks do not provide effective protection, according to medical experts.

What are the coronavirus symptoms?

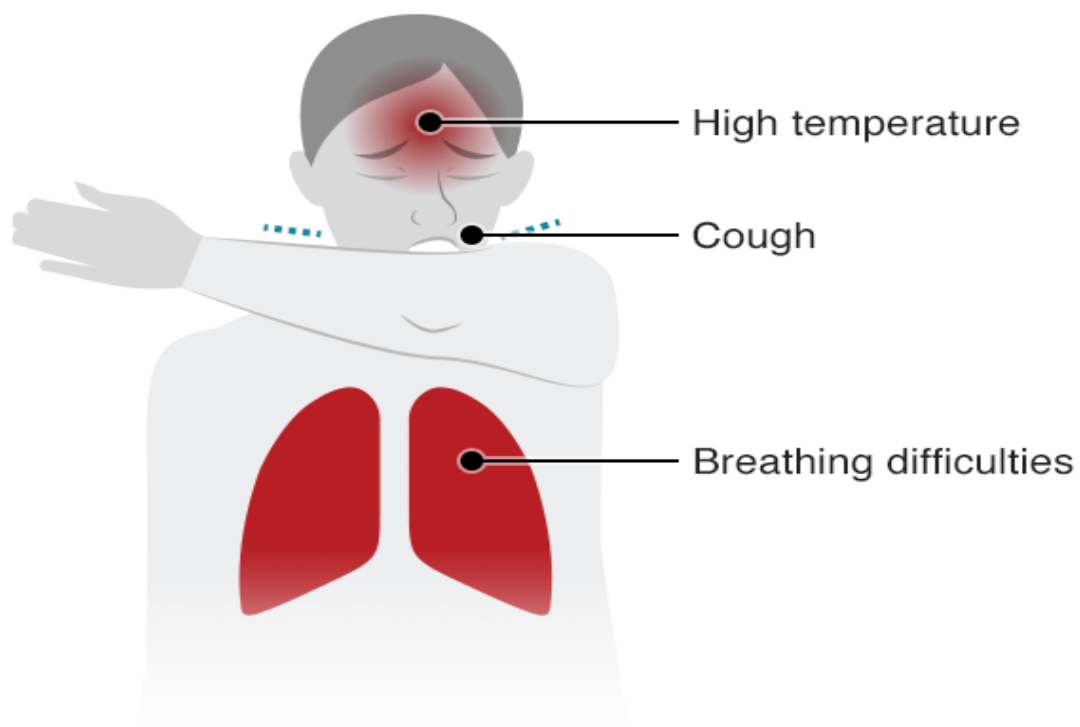
Coronavirus infects the lungs. The symptoms start with a fever followed by a dry cough, which can lead to breathing problems.

It takes **five days on average to start showing the symptoms**, scientists have said, but some people will get symptoms much later than this.

The incubation period lasts up to 14 days, the World Health Organization (WHO) says. But some researchers say it may be up to 24 days.

People will be most infectious when they have symptoms, but there have been suggestions some can spread the virus even before they are sick. The early symptoms can easily be confused with other winter bugs including colds and flu.

Coronavirus: Key symptoms



Source: NHS

BBC

What should I do to prevent catching and spreading the virus?



Wash hands frequently with soap and water or use a sanitiser gel



Catch coughs and sneezes with **disposable tissues**



Throw away used tissues (then wash hands)



If you don't have a tissue **use your sleeve**



Avoid touching your eyes, nose and mouth with unwashed hands



Avoid close contact with people who are unwell

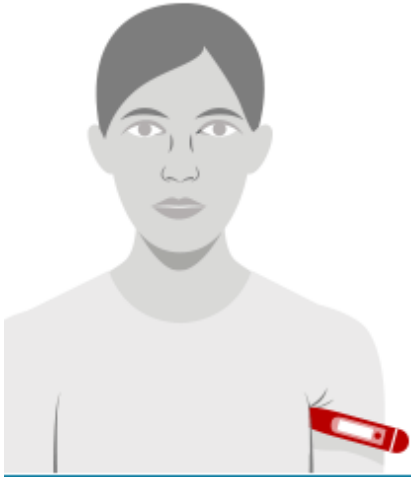
Source: NHS

BBC

How do I take my temperature?

Anyone with high temperature of 38C+ is advised to self-isolate

The NHS recommends these methods to take your temperature:



Armpit:

- Place thermometer tip in centre of armpit
- Tuck your arm against your body for a minute
- Remove and check temperature



Mouth:

- Place thermometer tip under your tongue
- Leave it in place for about one minute
- Remove and check temperature



Ear:

- Gently tug on ear to straighten ear canal
- Insert digital ear thermometer into ear canal
- Squeeze and hold button for one second
- Remove and check temperature*

*Note reading may not be accurate if thermometer not correctly placed in the ear

Section 1

1. Looking at **Image 1**, what are the three main symptoms of the virus?

2. Who was the article written by?

3. When was the article written?

4. How many countries has corona virus spread to?

5. Look at the section of the article '**How do I protect myself?**'

What are two ways of limiting the spread of coronavirus?

6. Look at '**What are the coronavirus symptoms**' section.

When are people most infectious?

7. According to **image 3**, what are the three ways that you can take your temperature?

8. What is the advised temperature for people to have to self-isolate?

9. What is the first step when taking your temperature from your ear?

Entry Writing

This is the alphabet in upper case (capital letters)

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

This is the alphabet in lower case (small letters)

a b c d e f g h i j k l m n o p q r s t u v w x y z

You will notice that some letters change completely g- G

And some stay the same, they just need to be written a bit larger c C

Your writing should be in lower case, unless a capital letter is needed.

You will learn how to use capital letters over the next few pages.

Cover the top of the page and try to write the alphabet in upper and lower case:

Upper case (capitals)

Lower case (small letters)

Capital letters should be used for:

- The beginning of a sentence.
- For the personal pro-noun **I**
e.g. **I** like chicken. This includes **I'm**, **I've**, **I'll**
- Names of people, e.g. **Tom Jones**
- Place names (towns, cities countries) e.g. **Maidstone** / **London** / **Greece**
- To write an address and postcode, e.g.
HMP Standford Hill
Church Road
Eastchurch
Sheerness
ME12 4AA
- Business names e.g. **Natwest** / **Morrisons**
- Days of the week and months of the year e.g. **Monday** / **June**
- TV, book and film titles e.g. **Eastenders**, **Harry Potter**, **Snatch**
- Religions e.g. **Christian**, **Muslim**, **Sikh**
- Abbreviations e.g. **T.V**, **H.M.R.C** or **B.B.C**

Section 2

Re-write these sentences, using capital letters correctly.

are you going to maidstone on saturday?

what is the time jack?

i have been to spain and italy.

mrs smith talked to carl about their meeting on wednesday.

holly went to the golden lion pub for a lovely sunday lunch.

on tuesday, i am going to see my friend jenny, she lives in london.

coronation street is my favourite soap to watch on tv.

my friend jake is a christian, he goes to the church at the end of brook street.

Full Stops

The main use of full stop is to mark the end of a sentence.

A complete sentence needs to make sense on its own.

It indicates a pause before a new sentence begins. e.g.

My name is Ajay and I am a doctor.

She went to the market. She bought many vegetables and fruits.

Re-write these sentences placing **full stops** and **capital letters** where needed.

Hint- there may be more than one full stop needed!

Section 3

i saw a giraffe at the zoo it was as tall as a house

i like going to watch the football I support arsenal

my nan is a very good cook her cakes are delicious

i live at number 49 it is the house with the dark blue gate

we went to blackpool on holiday it rained heavily all week

Plural Spelling Rules

The plural of a word represents more than one. For example: one scoop, two scoops, three scoops... The word scoops informs us that there is more than one scoop. We are going to look at a number of spelling rules that you can use to ensure that you are spelling words in their plural form correctly.

To make regular nouns plural, add s to the end.

cat – cats

house – houses

If the singular noun ends in s, -ss, -sh, -ch, -x, or -z, add es to the end to make it plural.

truss – trusses

bus – buses

marsh – marshes

lunch – lunches

tax – taxes

blitz – blitzes

If the noun ends with -f or -fe, the f is often changed to -ve before adding the -s to form the plural version.

wife – wives

wolf – wolves

Exceptions:

roof – roofs

belief – beliefs

chef – chefs

chief – chiefs

If a singular noun ends in -y and the letter before the -y is a consonant, change the ending to -ies to make the noun plural.

city – cities

puppy – puppies

If the singular noun ends in -y and the letter before the -y is a vowel, simply add an -s to make it plural.

ray – rays

boy – boys

If the singular noun ends in o, add es to make it plural.

potato – potatoes

tomato – tomatoes

Exceptions:

photo – photos

piano – pianos

halo – halos

Some nouns don't change at all when they're pluralized.

sheep – sheep

series – series

species – species

deer –deer

You need to see these nouns in context to identify them as singular or plural.

Consider the following sentence:

Mark caught one **fish**, but I caught three **fish**.

The following tasks will challenge you to identify the correct plural spellings and to change words into their plural spelling form.

Section 4

Have a look at the following pairs of words and circle the correct plural form spelling:

women	womans
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lifes	lives
-------	-------

chimnies	chimneys
----------	----------

sheep	sheeps
-------	--------

churches	churchs
----------	---------

spys	spies
------	-------

leaves	leafs
--------	-------

wifes	wives
-------	-------

kissies	kisses
---------	--------

buses	buss
-------	------

floweres	flowers
----------	---------

Change the following words into their plural form:

cherry	
girl	
donkey	
church	
potato	
child	
spy	
boy	
wife	
chimney	
mouse	
Toy	
lady	
book	
diary	
Half	
Fish	
Loaf	
fairy	
family	

pillow	
bush	
bus	
kiss	
goose	
monkey	
knife	
flower	
cry	
calf	
tax	
house	
kidney	
life	
tooth	
woman	
elf	
valley	
scarf	
beach	

Answers - Section 1

1. Looking at **Image 1**, what are the three main symptoms of the virus?

____ high temperature, cough, breathing difficulties _____

2. Who was the article written by?

____ James Gallagher, Health and science correspondent _____

3. When was the article written?

____ 16 March 2020 _____

4. How many countries has corona virus spread to?

____ 159 countries _____

5. Look at the section of the article '**How do I protect myself?**'

What are two ways of limiting the spread of coronavirus?

____ coughing and sneezing into tissues, not touching your face with
unwashed hands, and avoiding close contact with infected people _____

6. Look at '**What are the coronavirus symptoms**' section.

When are people most infectious?

____ People will be most infectious when they have symptoms, but there
have been suggestions some can spread the virus even before they are sick.

7. According to **image 3**, what are the three ways that you can take your
temperature?

____ Armpit, mouth and ear _____

8. What is the advised temperature for people to have to self-isolate?

____ 38 degrees + _____

9. What is the first step when taking your temperature from your ear?

____ Gently tug on ear to straighten ear canal _____

Section 2

Re-write these sentences, using capital letters correctly.

are you going to maidstone on saturday?

Are you going to Maidstone on saturday?

what is the time jack?

What is the time Jack?

i have been to spain and italy.

I have been to Spain and Italy.

mrs smith talked to carl about their meeting on wednesday.

Mrs Smith talked to Carl about their meeting on Wednesday.

holly went to the golden lion pub for a lovely sunday lunch.

Holly went to the Golden Lion pub for a lovely Sunday lunch.

on tuesday, i am going to see my friend jenny, she lives in london.

On Tuesday I am going to see my friend Jenny, she lives in London.

coronation street is my favourite soap to watch on tv.

Coronation Street is my favourite soap to watch on T.V

my friend jake is a christian, he goes to the church at the end of brook street.

My friend Jake is a Christian, he goes to the church at the end of Brook Street.

Section 3

i saw a giraffe at the zoo it was as tall as a house

I saw a giraffe at the zoo. It was as tall as a house.

i like going to watch the football I support arsenal

I like going to watch the football I support Arsenal.

my nan is a very good cook her cakes are delicious

My Nan is a very good cook her cakes are delicious.

i live at number 49 it is the house with the dark blue gate

I live at number 49. It is the house with the dark blue gate.

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We went to Blackpool on holiday it rained heavily all week.

Section 4

Have a look at the following pairs of words and circle the correct plural form spelling:

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spys	spies
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wifes	wives
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kissies	kisses
---------	---------------

buses	buss
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floweres	flowers
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Change the following words into their plural form:

cherry	Cherries
girl	Girls
donkey	Donkeys
church	Churches
potato	potatoes
child	Children
spy	Spies
boy	Boys
wife	Wives
chimney	Chimneys
mouse	Mice
Toy	Toys
lady	Ladies
book	Books
diary	Diaries
Half	Halves
Fish	Fishes
Loaf	Loaves
fairy	Fairies
family	Families

pillow	Pillows
bush	Bushes
bus	Buses
kiss	Kisses
goose	Geese
monkey	Monkeys
knife	Knives
flower	Flowers
cry	Cried
calf	Calves
tax	Taxes
house	Houses
kidney	Kidneys
life	Lives
tooth	Teeth
woman	Women
elf	Elves
valley	Valleys
scarf	Scarves
beach	Beaches

